



Helping Celebrate Abilities

2024 Annual Report



OUR MISSION

Celebrate and empower people with intellectual and developmental disabilities in our community.

OUR VISION

To provide dignified, respectful integration opportunities for people with disabilities, ensuring activities, services, and supports are tailored to their individual interests, strengths, and preferences, while also maintaining and developing programs that enable their continued community participation.

HCA VALUES STATEMENTS

- ♥ We are committed to an environment of collaboration with the people we support, our employees, and our community
- ♥ We are committed to treating all people with compassion and understanding in applying the platinum rule of treating all people as they wish to be treated
- ♥ We are committed to an atmosphere of acceptance and inclusion of all people to harness the power in our diversity
- ♥ We are committed to fostering and valuing creativity and flexibility
- ♥ We are committed to act with integrity to each other and to those that we support

BOARD MEMBERS:

Lars Mead, President
Catherine Ryan, Vice President
Ashley Fox, Treasurer
William Sands, Secretary
Gail Barton
Hans Dalmolen
Jessica Midyette
George Penrose
Linda Reynolds
Peggy Thomas
Conrad Whyte



FROM THE EXECUTIVE DIRECTOR

Dear Friends and Supporters,

As we reflect on this past year, we are filled with gratitude and pride for all that we have accomplished together in support of individuals with intellectual and developmental disabilities. From early childhood to adulthood, our commitment remains rooted in the belief that every person deserves access to opportunities, support, and a life filled with purpose and dignity.

In 2024, we were able to open two residential homes to replace two apartments, providing a more positive environment for the people that live in our homes to thrive. We are also well underway with the expansion of our preschool building. This is an investment not only in our physical space but also in the future of the children we serve. With a continued need for inclusive, early childhood programming, this expansion is both timely and essential. The new classroom, therapy space, and gross motor space in an accessible environment will make a meaningful difference in the lives of our youngest learners and their families as we provide opportunities designed with unique needs and strengths in mind.

Throughout the agency, we continue to enhance our programs and services to meet people where they are. This includes our inclusive learning environment for preschoolers, job coaching and employment opportunities, day programs that foster independence and connection, mental health clinical support for emotional well-being, and residential services that provide a sense of home and belonging. Our HCA team remains dedicated to person-centered care, driven by compassion, innovation, and respect.

None of this would be possible without the unwavering support of our community, donors, partners, and staff. Your belief in our mission fuels the work we do every day.

As we look ahead, we remain inspired by the resilience of those we serve and are committed to continuing to build a more inclusive future where every individual is seen, valued, and empowered.

With sincere appreciation,



Lisa Kost
Executive Director

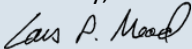


FROM THE BOARD PRESIDENT

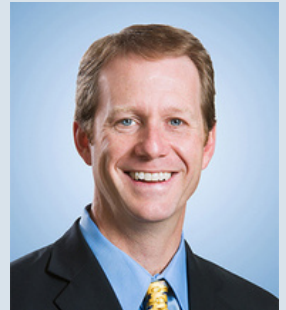
The past year at HCA has been one of challenges faced and challenges met. Day in and day out, the employees of HCA have shown a consistent dedication to care and compassion that has allowed this organization to overcome obstacles. Your ability to place the well-being of our students and residents at the pinnacle of your priorities, despite the day-to-day challenges faced by all organizations in this field, is truly inspiring. While we know that HCA will continue to face obstacles, we are equally confident that together we will overcome!

The next year promises to be an exciting one for the organization. There are tremendous opportunities for continued growth amidst the uncertainties. Together we will continue to provide a level of services and opportunities for our constituents that is second to none. By always keeping their best interest as our 'north star' and working together, we will create a better world, one person at a time. To each of you we say, "Thank you" for all that you do!

Sincerely,



Lars Mead
Board President



CLINIC & BEHAVIORAL SUPPORTS

1405
Counseling
Sessions Provided



Behavioral Health Services

Licensed social workers are trained to address a wide range of mental health issues and provide support to individuals looking to improve their mental health.

4,174
Speech &
Language Sessions
Provided



Speech-Language Pathology

Speech and language skills are an integral part of an individual's social interactions and educational development. To improve children's communication skills, HCA's team of certified and licensed speech-language pathologists use child-friendly, play-based activities.

4,100
Physical Therapy
Sessions Provided



Physical Therapy

Our New York State-licensed physical therapists use a play-based approach to engage children, tailoring interventions to their unique needs and motivators. They focus on building on existing movement skills to minimize factors affecting functional movement.

5,977
Occupational
Therapy Sessions
Provided



Occupational Therapy

New York State-licensed occupational therapists work to increase functional participation by improving small motor skills, self-care, and sensory processing.

CHILDREN'S SERVICES

296
Children Served in
Educational
Programs



Preschool

HCA's education philosophy is that all children can learn, and their earliest years yield the most rapid growth and development. Our integrated preschool programs nurture and teach children with special needs alongside their general education peers, providing an enriching and diverse environment for each student.

519
Evaluations
& Screenings
Provided



Evaluations & Screenings

HCA conducts evaluations for children's developmental domains, including cognition, language, motor, social emotional, and sensory processing functions, to ensure they receive necessary support and services for social and academic success.

RESIDENTIAL SERVICES

Individualized Residential Alternatives

HCA's 15 group homes provide 24-hour, personalized care for individuals eligible for OPWDD services by fostering a supportive family atmosphere to help them achieve their goals by making individualized choices.



72
People Living in
Residential
Alternative Homes

INDIVIDUAL & FAMILY SUPPORT SERVICES

Community and Day Habilitation

Our Community and Day Habilitation programs aim to enhance each individual's independence through personalized plans that facilitate community inclusion, integration, and relationship building in a community setting or after-school respite.



21,846
Hours of
Service with
Community &
Day Habilitation

Respite Services

Our respite programs provide short-term care for people with developmental disabilities giving parents, families, and caregivers the opportunity to take a much-needed break. Services can be performed at home or in our certified respite house.



27,384
Hours of
Respite

Self-Directed Services

HCA offers support for individuals self-directing their budget and services, including administrative and billing assistance, hiring and training of staff, and maintenance of direct provider-purchased services.



75
Individuals
Enrolled in
Self-Direction

Supported Employment Services (SEMP)

Specially trained providers assist individuals in securing and maintaining employment by conducting assessments of their strengths, interests, and needs.



13
Individuals Enrolled
in Supported
Employment



OPENING OF TWO IRA HOMES

Residents of our Front Street A and B Individualized Residential Alternative (IRA) homes were excited to make the move into their their new homes.

After an extensive housing search, HCA was thrilled to secure two beautiful new homes that offer enhanced features aligned with the evolving needs and preferences of the individuals we support. These thoughtfully chosen locations provide spacious living areas, inviting outdoor spaces, and a welcoming atmosphere that truly feels like home.

Originally rental properties, the previous Front Street A & B homes served residents well for many years. As HCA continues to invest in long-term solutions, the move marks a meaningful step forward in our ongoing commitment to person-centered care.

The move to these new locations has been met with positive feedback from both residents and staff. The decision to relocate was ultimately a successful one for HCA, as it has improved the overall quality of life for those in our care.



“Since the move, all the ladies seem to be doing GREAT! With decreased behaviors, they enjoy their space away from each other but still like to hang out in the living room watching movies or sitting around the table playing a game, and they really enjoy the screened-in porch.

- Nicole Atkinson, Carol Ave IRA Residential Manager



Russell stands proudly by the new fireplace, where his stockings hang just like in the holiday stories he grew up with. Thanks to Steven from maintenance, who custom-built the mantel, the cozy setup has brought a special touch of warmth and welcome to the new home.

BUILDING BLOCKS PRESCHOOL EXPANSION PROJECT

In November, we broke ground on our Building Blocks Preschool Expansion Project. This project was originally scheduled to begin in 2020; however, the Covid-19 pandemic caused a delay. Despite these setbacks, we are thrilled to see the project finally progressing and anticipate its completion by summer 2025.

The project involves attaching a one-story addition to the west end of the existing Broad Street Building Blocks Preschool facility. The building addition will include a large classroom and additional treatment space for physical and occupational therapy. The addition will also allow for the entryway to be relocated and allow for accessibility of the playground, classrooms, and treatment spaces. With the new classroom space, an existing windowless interior classroom is to be repurposed into a gross motor space that can be utilized when the weather does not permit outdoor gross motor time. This new space and our old space will be connected with improved accessibility for our children with diverse mobility abilities. This expansion will enhance the overall functionality and inclusivity of the preschool facility, providing a more comprehensive learning environment for all students.

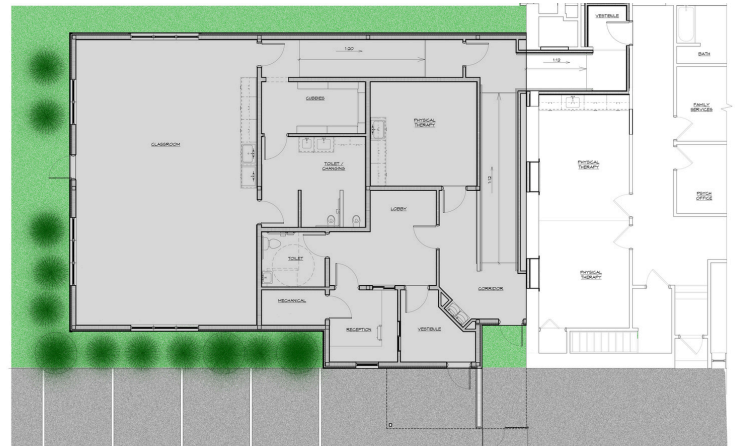
This space will be vital in fostering academic achievement, social/emotional development, and physical health.



New Main Entrance
Facing Parking Lot



Side of Addition
Facing Arch Street



EMPLOYEE SPOTLIGHT: JACKIE WEIR

With more than 40 years of experience, Jackie Weir is a speech-language pathologist (SLP) who has devoted her career to HCA. She pursued a career as an SLP having been inspired by the influence that speech therapy had on her childhood friend. She works diligently to keep up with professional best practices to diagnose and treat various feeding, speech and language/communication disorders, determining the best course of action for each child.

Jackie is a tremendous asset to our team, and we are so grateful for her dedication to HCA and the people we serve. Her ability to connect with children and create a nurturing environment sets her apart as a truly exceptional SLP. Her positive attitude and innovative approach to communication make a lasting impact on the children she serves and their families, helping them to reach their greatest potential, and we are incredibly thankful for the work she does!



BINGHAMTON RUMBLE PONIES COLLABORATION

The Binghamton Rumble Ponies and Lupo's Spiedies have been collaborating for years, hosting their annual Spiedie Weekend and trading in their traditional uniforms for special spiedie jerseys to pay tribute to our local delicacy of the spiedie sandwich. In 2024, they wanted to make the weekend more interactive and community-focused and reached out to Helping Celebrate Abilities to collaborate.

For this collaboration, the Binghamton Rumble Ponies mascots, crew, Lupo's mascot Charpit Charlie, and the Lupo family came to our Building Blocks Preschool to color pictures of Spiedies and Charpit Charlie. The one-of-a-kind designs were then used to produce the official jerseys that players and coaches would wear during the games for Spiedie Weekend.

Individuals were able to see their artwork on the jerseys for the first time on the opening night of Spiedie Weekend, when the players took to the field. The children and their families were delighted to see their artwork on the field, feeling proud to have played a part in its production, adding a unique touch to the event.

Following spiedie weekend, the jerseys were auctioned off, with the proceeds given back to HCA. The jersey auction raised \$3,870 for the cause. The auction's success highlights the strength of community involvement, and we are so grateful to the Rumble Ponies and Lupo's for this once in a lifetime opportunity.



2024 FUNDRAISERS

16TH ANNUAL TASTEFUL DAY FOR HCA

Our 16th annual Tasteful Day for HCA fundraiser was a tremendous success, raising \$33,000! This event showcased twenty-nine different food and beverage vendors, live music by Rick Fry, a live auction featuring Jeff Olin and Luke Kazynski, and a raffle, which contributed to the excitement of the evening. This event is always a great success thanks to all our sponsors, including the title sponsor, Miller Auto Team.



22ND ANNUAL GOLF TOURNAMENT

The weather was perfect at our 22nd annual HCA Golf Tournament in August. Davidson Fox & Co. emerged victorious out of the 27 teams that came together to help us raise \$34,000. This tournament is always the talk of the summer, and we are grateful for the continued support of all our sponsors and teams, including our title sponsor, Peoples Security Bank & Trust.

**SAVE
THE DATE**

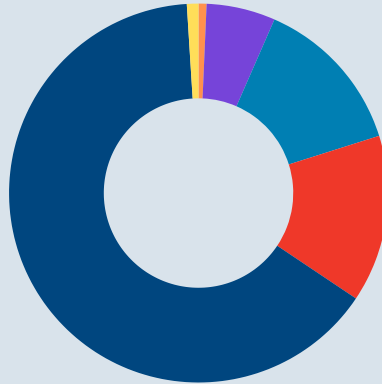
Join us on August 21st, 2025 at The Links at Hiawatha Landing for our 23rd Annual Golf Tournament!



FINANCIALS

REVENUE FOR 2024

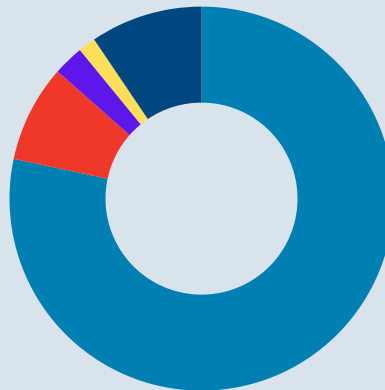
- Education Programs:
\$3,267,574
- Community Support Programs:
\$3,440,979
- Residential Services:
\$15,576,193
- Article 16 Clinic:
\$238,321
- Grants & Public Support:
\$167,716
- Other Income:
\$1,417,460



Total Revenue:
\$24,105,244

EXPENSES FOR 2024

- Salaries & Benefits:
\$17,905,377
- Supplies & Operating:
\$1,874,864
- Agency Administration:
\$2,159,691
- Occupancy:
\$586,311
- Other Expenses:
\$334,953



Total Expenses:
\$22,861,197



THANK YOU TO OUR SUPPORTERS!

\$10,000+

Community Health Outreach Project
Matthews Auto Group

\$5,000 - \$9,999

Grand Aerie Fraternal Order of Eagles
IBM
Marc and Ellen Feldman
Peoples Security Bank and Trust
Peoples Security Charitable Foundation
Roger Kresge Foundation

\$2,500 - \$4,999

Binghamton Rumble Ponies
Endicott Sertoma Club
Miller Auto Team
NonStop Health
NYS Elks Association, Inc.
NYSEG

\$1,000 - \$2,499

Andrew R. Mancini
Coughlin & Gerhart, LLP
Eggleston Foundation
Excellus Blue Cross/Blue Shield
International Paper Foundation
M & T Bank Charitable Foundation
Sanico, Inc.
State Employees Federation Association (SEFA)
United Way of Broome County
Victor and Esther Rozen Foundation
Visions Federal Credit Union

\$500 - \$999

Boiling Pot Eagle Aerie 3846
Bonadio & Co. LLP
Butcher Boys
Georgina Dake
Davidson, Fox & Associates, LLC
Endicott Precision Inc.
F.O.E. Addison Aerie #3904
Fancher Services Inc.
Fraternal Order of Eagles #2486
Fraternal Order of Eagles Riders
Gail Barton
Gallagher Baker PC

Gallagher Benefit Services
Gorick Construction Co., Inc.
Johnson City Eagles #2644 Auxiliary Social Fund
KC Construction
Matco Electrical Corp
Mutual of America
NBT Bank, NA
Rocco J. Testani Inc.
Rotterdam Eagles #3610
Tech MD
Tioga State Bank Foundation
UHS Community Relations
Union Presbyterian Church
Valletta Ritson & Company LLC
Wayne Bank

\$250 - \$499

AR Construction
Barney & Dickenson, Inc.
Binghamton Eagles Auxiliary #2119
Binghamton Fireman's Association
Binghamton-Johnson City Monument Co.
Broome Co. Sheriff's Law Enforcement
Corrections Officers Association
Burr Truck
Community Bank, NA
Construction Management Services
Drain Brain of NYPA Inc.
Fraternal Order of Eagles Bell Jar
George and Susan Stephens
Haisley Ag & Auto Repair LLC
Hinman, Howard & Kattell
J.A. McCormack Sons Funeral Home, Inc.
Jill King
Kaleidoscope Country Farm
Key Bank Foundation
Keystone Associates LLC
Leigh Boyer
Levene, Gouldin & Thompson, LLP
Maureen Wilson
Pyramid Brokerage Company of Binghamton
Robert Russell
Russ Dizer
Slavik & Company, Inc.
The Raymond Corporation

\$100 - \$249

Binghamton Precast & Supply Corp.
Coleman and Daniels
David Fekler
Endwell Chiropractic PLLC
Fraternal Order of Eagles Ithaca #1253
Harry and Diane Kost
Hatala Orthodontics
Jill Yaples
L. David Zube
Michael Chorny
Michaelene Geiser
Mirabito Energy Products/Mirabito Holdings
Northminster Presbyterian Church
NYCM Insurance
Park Outdoors
Saratoga Springs Aerie #2586
SERVPRO
Synergy Athletics
Tioga Gardens
TMMD Consulting Inc.

1 - \$99

Andrew Ruth
Ashley Fox
Bridgette Farrelly-Hess
Deborah Kopicik
Financial Recovery Strategies
George Penrose
Ilene Greenwald
Jaclyn Bombard
Kristina Schrull-Valiente
Lalor Family Dental
Linda Reynolds
Mark Hubenka
Maureen Kadlecik
Our Change Foundation
Robert Yager
Thomas and Lisa Schuhle
William Sands





Main Office, Clinic, Preschool

18 Broad Street, Johnson City, NY 13790

Phone: 607.798.7117

Residential and Community Support Services

1329 Campville Road, Endicott, NY 13760

Phone: 607.205.1077

Finance, Human Resources, Quality Assurance

840 Upper Front Street, Binghamton, NY 13905

Phone: 607.217.0066

Visit Us At:

www.hcaserves.com



@HelpingCelebrateAbilities