



2022 Annual Report

OUR MISSION

- Develop and implement individualized programs designed to celebrate each individual's physical, social, intellectual, and emotional abilities and foster each individual's integration with our community.

- To provide integration opportunities for local people with disabilities in a dignified, respectful manner.
- To provide an environment where activities, services and supports are based on the dreams, interests, preferences, strengths, and capabilities of the individual
- To Maintain current programs and supports and develop new ones that allow individuals with intellectual and developmental disabilities to remain in the community

OUR VISION



FROM THE BOARD PRESIDENT

On behalf of Helping Celebrate Abilities (HCA) Board of Directors, I would like to thank the tremendous employees who allow HCA to carry out our mission every day. Without the dedication and hard work of our employees, the services provided by HCA would not be possible. On behalf of the Board, I want to acknowledge and express appreciation of your work for the people we support. You have a daily opportunity to improve the world, one person and one act of care at a time, and that is what you do every day. I would also like to express appreciation for the entire community that supports HCA. I hope that each of you takes satisfaction in the fact that your efforts directly improve the lives of the people we support and their families.



On behalf of the Board of Directors, we say a heartfelt, “Thank you!” We promise to continue to strive to provide a supportive structure that will allow the agency to flourish for many years to come.

Board President

Lars Mead



FROM THE EXECUTIVE DIRECTOR



It is hard to believe that it has been almost three years since taking on the role of Executive Director at Helping Celebrate Abilities (HCA) in July of 2020. The pandemic certainly brought great challenges. However, these challenges were no match for the people that do their life’s work at HCA. Through the commitment of the HCA staff, the agency has kept its long history of providing person-centered supports and services to people with intellectual and developmental disabilities and their families throughout these times. In 2022, we started to emerge from some of the constraints of the pandemic which allowed all of us to more fully engage with our community. We were once again able to join together for our annual Tasteful Day fundraiser as well as other employee events. The joy in the faces at these in-person gatherings was evident. We continue to be grateful for the support of our community. When we have a need, our community steps up to help us fill that need. We cannot say Thank You enough to our HCA Friends and Family. We are excited to strengthen and expand our services in the years to come. I invite you to continue to connect with us and see what we are up to. We look forward to sharing what your support allows HCA to do for the people of our community.

Executive Director

Lisa Kost

OUR BOARD MEMBERS

Lars Mead, President

Cat Ryan, Vice President

Amy Brown, Treasurer

William Sands, Secretary

Gail Barton

Mick Chorny

Hans Dalmolen

Ashley Fox

George Penrose

Kristina Schrull-Valiente

CLINIC/THERAPY SERVICES

OCCUPATIONAL THERAPY

Our New York State Licensed Occupational Therapists provide treatment sessions in the classroom and clinic. We work with each individual to help them develop small motor and visual-motor skills, selfcare skills including dressing, toileting and mealtime skills, and sensory processing for more functional participation at home, school and in the community.

PHYSICAL THERAPY

Our New York State Licensed Physical Therapists and Physical Therapist Assistants build on the movement skills an individual already possesses, seeking to diminish factors that interfere with functional movement.

SPEECH AND LANGUAGE PATHOLOGY

Our Certified and/or Licensed Speech/Language Pathologists provide both individual and group therapy sessions in the classroom and therapy settings. We work to assess, diagnose, and treat speech, language, social communication and feeding disorders in those we serve. Our therapists utilize a total communication approach to facilitate the client's ability to effectively express his or her wants and needs.

COUNSELING

HCA utilizes Licensed Social Workers to provide counseling to individuals.

RESIDENTIAL SERVICES

INDIVIDUALIZED RESIDENTIAL ALTERNATIVES

HCA fully operates fifteen Individualized Residential Alternative homes across Broome County.



CHILDREN'S SERVICES

PRESCHOOL

Our integrated preschool programs at HCA nurture and teach children with special needs and their typically developing peers, offering an enriching and diverse environment for each student. Our Education philosophy is: ALL children can learn and their earliest years yield the most rapid growth and development. We partner with the Binghamton, Johnson City and Union-Endicott School Districts' Universal Pre-K (UPK) programs.

EVALUATIONS & SCREENINGS

HCA is able to provide evaluations in the following disciplines: Early Intervention, Psychology, Child Development, Occupational Therapy, Physical Therapy, and Speech & Language. HCA can provide screenings for children up to five years old to determine if further evaluations are needed. HCA's Developmental Screening Program is a grant-funded program through the United Way of Broome County which enables our Child Development Specialists and Therapists to provide free developmental screenings for children ages 2½-5 in area preschools and child care centers throughout Broome County.

5,372
OCCUPATIONAL
THERAPY
SESSIONS
PROVIDED

3,890
PHYSICAL
THERAPY
SESSIONS
PROVIDED

4,744
SPEECH &
LANGUAGE
PATHOLOGY
SESSIONS
PROVIDED

452
COUNSELING
SESSIONS
PROVIDED

72
PEOPLE LIVING
IN RESIDENTIAL
ALTERNATIVE
HOMES

303
CHILDREN
SERVED IN
EDUCATIONAL
PROGRAMS

INDIVIDUAL & FAMILY SUPPORT SERVICES

COMMUNITY AND DAY HABILITATION

Our Community Habilitation and Day Habilitation programs provide services to enable individuals to live with the greatest degree of independence possible. An individualized plan is written, to facilitate community inclusion, integration, and relationship building in a community setting.

RESPIRE SERVICES

Our Respite programs offer parents, families and caregivers time for a well-deserved rest by providing short-term care for individuals with developmental disabilities.

SELF DIRECTED SERVICES

Our Self Directed program is a person-centered approach for people with developmental disabilities that prioritizes individual choices, needs, and desires in making decisions.

SUPPORTED EMPLOYMENT SERVICES (SEMP)

HCA provides SEMP-intensive or extended pathways to employment, a one-time service to assist people to find the career path they would like to pursue in a 12-month period, as well as an Employee Training Program (ETP), where the state pays for the employees' wages while they work and build skills, with the goal of having the employer direct hire them at the end of the program



687
EVALUATIONS
& SCREENINGS
PROVIDED



38,988
HOURS OF
SERVICE WITH
COMMUNITY &
DAY HABILITATION



38,214
HOURS OF
RESPITE



64
INDIVIDUALS
ENROLLED IN
SELF DIRECTION



13
INDIVIDUALS
ENROLLED IN
SUPPORTED
EMPLOYMENT

AVA'S LITTLE HEROES

At a young age, Ava was diagnosed with a rare seizure disorder. With this prognosis, doctors suspected that Ava may never walk or talk. The Patch family learned that with a diagnosis such as Ava's, working with a Speech Therapist, Physical Therapist, and Occupational Therapist would help her reach her maximum potential.

HCA's Building Blocks Preschool has the resources and therapists to help children with a variety of needs. Ava was enrolled in the preschool programs at the Johnson City and Discovery Center locations, and together with her teachers and team of therapists, they created a plan to help Ava thrive. Now Ava is not only walking and talking, she is also dancing and singing!

The Patch family and Animal Adventure Park started "Ava's Little Heroes," a fundraiser to help kids like Ava. "Ava's Little Heroes" donated over \$40,000 for adaptive equipment to HCA. This adaptive equipment included modified pediatric parallel bars for our Physical Therapy and Occupational Therapy Clinic and accessible playground equipment. The pediatric parallel bars help to teach children with mobility problems how to stretch their limbs and put weight on their legs, which can lead to walking without the assistance of the parallel bars.

Kevin Ludwig, a Physical Therapist Assistant at the preschool, worked closely with Ava and developed a strong relationship with the family. Kevin and his family were involved with the installation of the donated equipment and talked with Jordan about what HCA means to him and the Patch family:

"We could not be more grateful for the positive experiences, education, and advocacy we experienced on behalf of Ava while attending and working with HCA. Our mission of inclusion at Animal Adventure Park & Preserve extends beyond our park gates, helping and serving the families of our community. Our ability to contribute and support is on behalf of our family, but made possible by the many that have supported Ava's Little Heroes, named after our very own hero!"

- Jordan Patch, Parent, Animal Adventure Park & Preserve, Owner



YOU 'CHEDDAR' BELIEVE WE APPRECIATE OUR DIRECT SUPPORT PROFESSIONALS!

Direct Support Professionals Week, which begins every year starting the Sunday after Labor Day, is a time to honor the exceptional work that DSPs are doing every day to keep the people we love safe, healthy and engaged in their lives and in their communities.

At HCA we celebrated Direct Support Professionals Week by reminding them how awesome they are in a 'cheesy' way. To say thank you, we gave every DSP a cutting board with cheese. These gifts were made possible by a donation from the Williams Companies.



ENDICOTT SERTOMA CLUB DONATES TO SUPPORT HEARING HEALTH



Mary Summerville-Sabitus, MA, CCC/SLP has been a Speech Language Pathologist with HCA for over ten years. Throughout those ten years, Mary has impacted HCA in a variety of ways, one being spreading the HCA mission through her participation with the Endicott Sertoma Club. Mary has been a part of the Endicott Sertoma Club for 5 years and her participation in the club has translated into over \$14,000 in donations to HCA.

The Endicott Sertoma Club's purpose is to meet the needs of communities through volunteer service and to improve the quality of life for those at risk or impacted by hearing loss through education and support.

Mary attends weekly meetings and volunteers at events that raise funds for area agencies. The funds donated by the Sertoma Club helped to pay for the augmentative and alternative communication (AAC) devices, communication boards and Speech Language Pathology apps for communication.



With the generous financial support of Sertoma Club, HCA's speech-language department has been able to provide its staff with the tools they need to assist a child in reaching their goals, and the children have been provided with a cadre of boards and devices to make their "voices" heard. - Mary Summerville-Sabitus, MA, CCC/SLP



DENTAL HYGIENE COLLABORATION LEADS TO AWARD

SUNY Broome Community College Dental Hygiene Program has partnered with HCA since 2017 to provide their senior students with an opportunity to engage with and provide services to individuals with intellectual and developmental disabilities of all ages. The program invites our nurses from HCA to speak to the students regarding specific needs, challenges and positive approaches to our individuals.

Over the course of several weeks, the individuals attend dental clinics where they receive special care and dental cleaning services. This provides a hands-on experience for the students, and a very positive exposure to dental care for our individuals.

The ongoing success of this partnership helped to gain the attention of the Cerebral Palsy Association of New York State, of which HCA is an affiliate organization. The SUNY Broome Dental Hygiene Program was selected as the 2022 recipient of the Program Innovation Award. The purpose of the award is “to recognize an Affiliate of the Cerebral Palsy Associations of New York State that has provided an exemplary program to people with disabilities that has enhanced the independence and self-esteem of its participants and which serves as a model to be replicated across the state.” By winning this award, it is our hope that more colleges will see the benefit of partnerships like this and take steps to implement them into their curriculums.

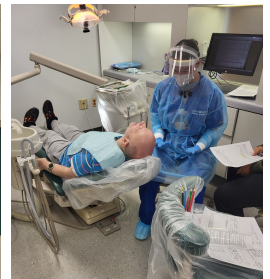
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This collaboration has been such a positive experience for all of the individuals that have attended these clinics. Under the expert supervision and role modeling of the instructors, the students provide dental hygiene services to the patients. Their calm approach and gentle technique helps overcome anxieties that the individuals may have, and they often end up joyful and expressing their enthusiasm for coming the next time!

-Jamie Sanford, RN, BSN

Registered Nurse Consultant at HCA

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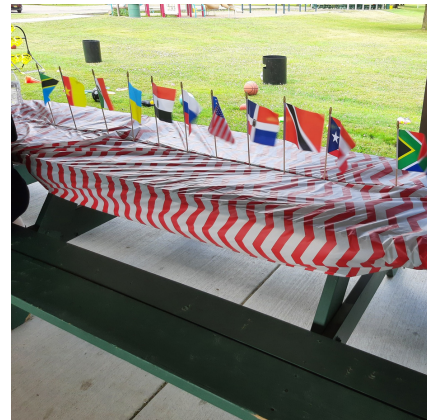


CELEBRATING DIVERSITY THROUGH FOOD

The Residential Services Department oversees fifteen Individualized Residential Alternative (IRA) homes across Broome County that foster a supportive family atmosphere through 24-hour hands-on care. As part of the program, individuals are encouraged to become contributing members of their community. We encourage the values of helping others through volunteering, participation in group activities, and maintaining relationships. Individuals attend clubs, dances or craft groups and participate in classes of their choice.

Inside the Residential Department offices, a map of the world is marked with pins to show all the various places where staff are from; showing the wide range of countries and cultures our HCA family comes from. Over the summer, individuals in our residential homes had the opportunity to learn about each other's cultures and backgrounds through a food celebration. Staff created dishes that represented their home countries. Staff and individuals shared food and music while being able to gather together.

The countries represented included: Brazil, Cameroon, Columbia, Democratic Republic of Congo, Dominican Republic, Egypt, Guyana, Haiti, India, Iraq, Jamaica, Kenya, Kurdistan, Liberia, Mexico, Pakistan, Panama, Puerto Rico, Romania, Russia, Rwanda, Serbia, South Sudan, Sudan, Tanzania, Trinidad & Tobago, Uganda, Ukraine, and the United States.



2022 FUNDRAISERS

14th Annual Tasteful Day for HCA

Our 14th annual "A Tasteful Day for HCA" was another successful event, raising \$31,000. We were happy to be in person again in 2022 after a virtual event the year prior. Everyone was eager to taste all the vendors had to offer! It was a pleasure to have Jeff Olin as our auctioneer and Rick Fry as our musical entertainer. Thank you to all our dedicated sponsors who continue to support us, including our Title Sponsor, Miller Auto Team.



20th Annual Golf Tournament

Our players and volunteers got in just under the wire before the rain came at this year's 20th Annual Golf Tournament, at The Links at Hiawatha Landing. Thanks to everyone involved, we had another successful year, raising \$21,000. Team Lourdes Ascension Health took home this year's first place prize. Thank you again to our Title Sponsor, Peoples Security Bank and Trust, for your continued support of our fundraising event.



SAVE THE DATE!

21st Annual Golf Tournament to be held on Thursday, August 17th at The Links at Hiawatha Landing.



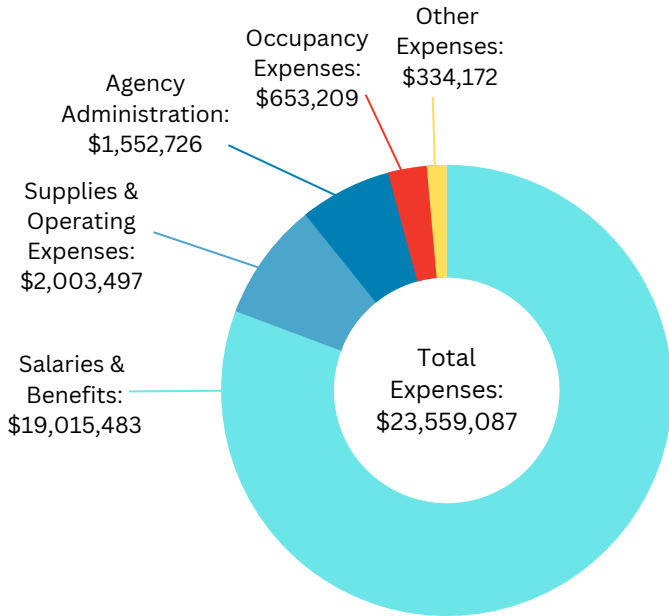
HCA VALUES

Over several months of collaborative meetings, HCA's employees developed HCA's Values Statements through a series of team-building efforts. HCA's values were based on what our employees felt their career at HCA meant to them, as well as their heart's commitment to serving and supporting a vulnerable population of all abilities!

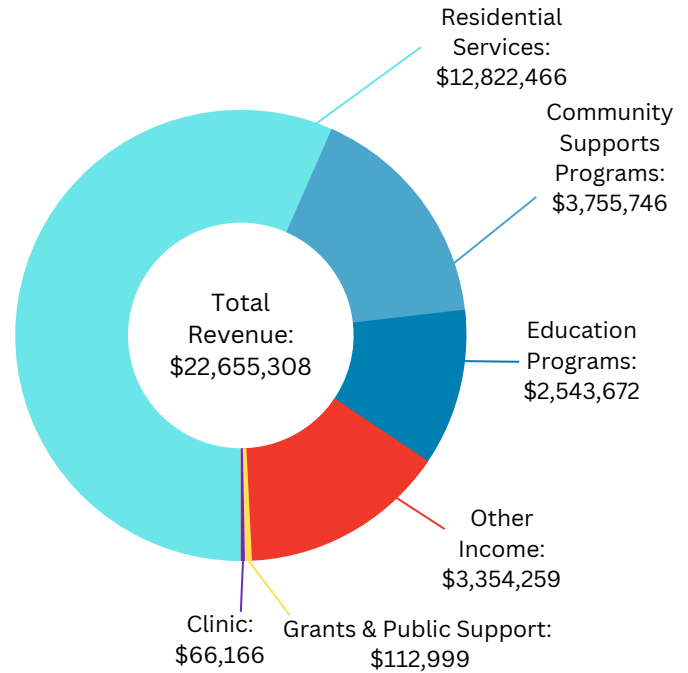
- We are committed to an environment of **collaboration** with people we support, our employees and our community.
- We are committed to treating all people with **compassion** and **understanding** in applying the platinum rule of treating all people as they wish to be treated.
- We are committed to an atmosphere of **acceptance** and **inclusion** of all people to harness the power in our diversity.
- We are committed to fostering and valuing **creativity** and **flexibility**.
- We are committed to act with **integrity** to each other and to those that we support.



FINANCIAL DATA



REVENUE FOR 2022



OUR SUPPORTERS

\$10,000 AND ABOVE

Odd Fellow and Rebekah Benefit Fund

\$5,000 - \$9,999

Community Health Outreach Project
Grand Aerie Fraternal Order of Eagles
IBM Endicott
Matthews Auto Group
Peoples Security Bank and Trust
Peoples Security Charitable Foundation
Tioga Downs Racetrack LLC
United Way of Broome County

\$2,500 - \$4,999

Jim and Juli Boeheim Foundation

\$1,000 - \$2,499

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\$500 - \$999

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KC Construction
Lourdes Ascension Health
M&T Charitable Foundation
NBT Bank, N.A.
The Medicine Shoppe
The Raymond Corporation
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Warehouse Carpet
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United Methodist Homes

\$100 - \$249

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Auxiliary #2695
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George and Sue Stephens
George Cardone
IBM Employee Services Center
Jill Yaples
John Carrigg
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Johnson City Police Association – Benevolent
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Tioga State Bank
Veronica Adams
Vestal Dental
William Orband

1 - \$99

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Ascension Health Lourdes Hospital
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HCA - Helping Celebrate Abilities
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Johnson City, NY 13790

Main Office, Clinic, Preschool

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Phone: 607.798.7117

Residential and Community Support Services

1329 Campville Road | Endicott, NY 13760
Phone: 607.205.1077

Finance, Human Resources, Quality Assurance

840 Upper Front Street | Binghamton, NY 13905
Phone: 607.217.0066

Visit Us At:

www.hcaserves.com

